



PRINCIPAL'S CORNER

ALLYSON MIZOGUCHI

As you peruse this colorful and informative newsletter, which not only conveys the abundant happenings within and surrounding WHS but also represents an abiding bridge between our staff and our families, it strikes me as the perfect time to celebrate the many ways that the Wayland High School Parent Organization enriches our school community. It has been stated and researched many times that a strong partnership between school and family enriches the professional experiences of staff and elevates student success (for example, as summarized in this Edutopia resource: <https://www.edutopia.org/parent-leadership-education-resources>). In our case, WHS is immensely fortunate to enjoy the ongoing, energetic support of a broad network of parents who encourage and enhance our best work with students.

This support occurs in formal and informal ways. Many of you are likely familiar with the WHSPO Mini Grant program that has been discussed in this very newsletter as a way for teachers to make requests up to \$1000 for enhancements to their classroom. Educators can't always anticipate the exact supplies and programming they may want to use when the school year begins; the Mini Grants, which typically occur midway through the year, provide an important opportunity for teachers to respond to their students' needs or implement a new idea they wouldn't otherwise. New sets of current titles, innovative equipment and supplies, and state-of-the-art learning software are examples of grant requests that WHSPO generously provides. Each grant affirms the work of our teachers and heightens our students' engagement in their learning.

WHSPO supports our mission in many other ways as well. As I have written about in this space, last year's effort to bring our "Flag Project" to fruition was made possible through WHSPO's generous funding. Now over 100 national flags representing our students' countries of origin hang in the commons, a symbol of our welcoming community and our dedication to global awareness. WHSPO has also funded speakers and events that bring new ideas to our students, including this year's Winter Week performance by the Improbable Players, a troupe of actors who are themselves in recovery and share their stories through theater and dialogue with their audience. Earmarking support specifically for our METCO program, and ensuring that all of our students have equal access to the full WHS experience, is another way that WHSPO furthers our mission and enriches our community.

And then, there is the food and celebrations! Throughout the year, our parents coordinate and contribute munchies and meals for our staff that literally add an extra bounce to our step. (Few things cheer up and sustain a staff like food.) The Thursday morning breakfast spreads are not only lavish, but they also bring our staff together for quick conversation and collegiality as we graze and grab a bagel. The annual dinner before Back to School Night and the end-of-year staff appreciation luncheon are traditions that reinforce to us what a special parent community we have the privilege of working with. These meals, celebrations, and thoughtful gestures are deeply valued by the staff and set our professional community apart from any that I know.

And now, back to this newsletter. The pages that follow are full of information that is carefully culled and communicated by WHSPO to further nurture the relationship between you and WHS. This is just one more way that WHSPO (the Board members are listed in the coming pages; they are amazing people) provides a bridge from us to you, and in so doing, strengthens our work with our students. I know that fueling WHSPO's efforts is a broader army of generous parent volunteers who offer their monetary donations, time, and expertise so they may be manifested in delicious meals for staff, Winter Week speakers, Mini Grants, and beautification efforts. Please know how deeply we appreciate all of your support, and how deeply we enjoy and value working with your children. Thank you!

Allyson Mizoguchi

Principal

WHSP0 News

I hope everyone had a relaxing February break! WHS is back in full swing and WHSP0 is busy as well. Here is what's happening:

BROUGHT TO YOU BY...

This newsletter is brought to you by **WHSP0**, the Wayland High School Parents Organization. WHSP0 is a not-for-profit organization dedicated to the support of Wayland High School students, teachers, parents, and administrative staff and to the promotion of Wayland High School activities.

- WHSP0 is looking for volunteers to serve on the WHSP0 Board and Committees next school year, 2019-2020. If you are interested in becoming more involved at WHS please consider a role with WHSP0. Most positions take no more than a couple hours per month, some are seasonal, and only a few require a routine commitment. All positions can be shared and all make a huge impact in the support of the WHS community. If you are interested in learning more about volunteering with WHSP0, please contact Stephanie at WHSP001778@gmail.com.
- Planning for Late Night 2019 is well underway thanks to Co-Chairs, Lana Murphy and Sandy O'Driscoll. Please consider donating today to support this fun, substance-free, chaperoned party for our juniors and their guests, held immediately after the Junior Prom. To volunteer email LateNightWHS@gmail.com.
- As Mr. Nocito's retirement approaches, parents are invited to meet the three finalists under consideration for the position of Assistant Principal during a "Town Hall" visit on Thursday, March 21, from 1:30 p.m. to 4:30 p.m. at WHS.
- Last month, WHSP0 granted it's first round of Wishlist funds, supporting a wide range of initiatives around the school, including new equipment for the RAD program, materials for an exciting mural project in the English department, equipment for the Robotics club, and support for English language learning and Special Education. Many thanks to Elisa Scola and Sarah Orlov for all of their hard work Co-Chairing the Wishlist/Mini Grants Committee this year!
- Please join us for Parent Information Exchange (PIE) Meetings with Allyson Mizoguchi and Marybeth Sacramone - they are a great way to find out what is going on at the High School. The next PIE Meeting was supposed to be Thursday, March 7 from 7:00 p.m. to 8:30 p.m. and featuring Jason Vershoosky of Wayland Cares who will be discussing vaping: current trends, products and devices, health impacts, and more. **This will be rescheduled to a new date.** The PIE and WHSP0 Board meeting dates and times for the rest of the year are included below. All are welcome!

As always feel free to contact me with any suggestions or concerns.

Stephanie A. Leong,
WHSP0 President
WHSP001778@gmail.com

WHSP0 News...CONTINUED



Principal's PIE Meetings and WHSP0 Board Meetings for 2019

(bold used for evening meeting)

(Italics for WHSP0 only mtg)



Principal's
PIE
(Parent
Information
Exchange)
meeting
schedule

PIE	TIME	WHSP0 BOARD MTG	TIME
Thursday, March 7, 2019	7:00 PM	<i>Friday, March 8, 2019-done</i>	9 AM
Friday, April 5, 2019	7:45 AM	Immediately following PIE	
Friday, May 3, 2019	7:45 AM	Immediately following PIE	
Friday, June 7, 2019	7:45 AM	Immediately following PIE	

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To Be Rescheduled...

WHSP0 Board & Advisory Team 2018-2019

President
Stephanie A. Leong

whspo01778@gmail.com

**Vice President &
Student Activities**

Nancy Funkhouser

nancyfunkhouser@verizon.net

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Sarah Orlov

sorlov@orlovcompany.com

Asst. Secretary
Elisa Scola

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Treasurer
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Mini Grants

Sarah Orlov & Elisa Scola

sorlov@orlovcompany.com
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Beautification

Missy Davis

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On-Line Directory

Administrator
Catherine Scholz

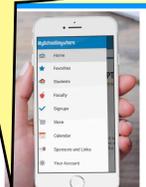
cscholz89@gmail.com



People are

Looking for you!!

Have you done this yet? It takes 2 minutes and there are no more printed directories!



The Townwide PTO is only maintaining an all-district on-line directory at this point. If you have not already registered your family yet, please go to the 'MySchoolAnywhere' link on the <http://waylandpto.org/> webpage.

WHSP0 Newsletter Submission Deadline (9pm) Dates 2019

April Newsletter deadline- 3/29 (for post on 4/1)

May Newsletter deadline- 5/3 (for post on 5/6)

June Newsletter deadline- 5/31 (for post on 6/3)

Submissions to Tracy Scheidemantel at tscheide@comcast.net

WHS

Car Magnets Available

Interested in showing your WHS pride with an orange WHS car magnet???

\$5.00 per magnet

Magnets are available for sale at:

Wayland Depot

AND

Wayland Booster Store Pop-up Events

or contact: whspo01778@gmail.com

Class News

Class of
2019

Advisors: Ms. Schmidt & Mr. Schmirer

News from the Class of 2019

E-Board has been busy planning senior events for the class!

- On Friday, March 22 and Saturday, March 23, the Class of 2019 will run the Senior Show. E-Board and Class Advisors have determined our leadership team through an application process. Congratulations to Andrew D'Amico, Lizzy Francis, and Jake Tyska (Co-Directors); Lauren Campbell, Dale Lippincott, and Eden Vanslette (Dance Directors); Jack Gaddis and Tucker Jones (Video Directors); Anika Das (Scheduler); and Andrew Briasco-Stewart and Clarissa Briasco-Stewart (Technology Team)! They are already busy at work planning the show. You don't want to miss it!
- To celebrate a successful Senior Show, there will be the Progressive Dinner on Saturday, March 30. During this Wayland High School tradition, the entire class will enjoy a meal together at three different houses: one house for appetizers, another for entrees, and the other for dessert. It is essentially a big potluck with some catering. However, we can't do this without your help. We need volunteers to make dishes and three families to open up their homes for this event. We will send out a google form later, where you can sign up what dish you will be bringing. Any questions, please email President Rose Kiefer, Rose_Kiefer@student.wayland.k12.ma.us.
- Also, a reminder of all the exciting senior events after the seniors are done with school (Friday, May 24). Prior to graduation (Sunday, June 2 at 3pm), there will be the Senior Class Night at Lombardo's (Tuesday, May 28), Senior Cruise (Wednesday, May 29), and Senior Awards Night (Thursday, May 30). We will provide more information about these activities later.

If you have any questions, please feel free to email me, Class of 2019 Secretary Rachel_Chou@student.wayland.k12.ma.us, or one of our Class Advisors, David_Schmirer@wayland.k12.ma.us or Joanne_Schmidt@wayland.k12.ma.us.

Senior Independent Projects

The Senior Independent Project (SIP) Program is available to members of the Class of 2019. SIPs started at WHS with the graduating class of 2010. The program's goal is to let motivated seniors create their own projects to be completed during the last quarter of their senior year. Seniors may explore a creative interest and/or a vocational possibility that their previous classroom work did not address. Projects have included building a boat, assembling a co-cart, building a smoker and experimenting with smoking meat, studying a variety of religions, genealogical research, & much more.

We've found that taking responsibility for designing their own projects has been a huge motivating force for the students that have participated so far. Parents of these students say that they have never seen their children so excited about what they were doing, nor so dedicated to the work they had set for themselves as they were in their last term at WHS.

Interested students should do some brainstorming about exactly what their project might be. Deciding on a field of interest, such as art, music, education, computers, scientific research, a craft, or a form of community service, is the first step. More challenging is coming up with a workable project that will fit into the last six weeks of the school year and then finding an internship or a mentor to help the student accomplish the goal. The initiative for the project needs to come from the student, but parents can suggest people or places to call to set up informational interviews in a field of interest.

The students were given information about the program at the Senior Class meeting that occurred in February. For more information, have your student talk to one of the co-directors of the program.

Joanne Schmidt Joanne_schmidt@wayland.k12.ma.us and
Lee Krasnoo Lee_krasnoo@wayland.k12.ma.us

Class News **...CONTINUED**

**Class of
2020**

Advisor: Mr. Lee Krasnoo

Class of 2020

I want to remind Parents of an exciting event coming up later this month! On **Saturday night, March 30**, the Class will be hosting the second **WHS PARENT DANCE!** The event will take place at the **Sandy Burr Country Club from 7:00-10:00 PM. SAVE THE DATE!** All parents of Wayland School students are invited to attend this exciting happening, so please spread the word to your friends who have students in other classes. We have modeled this dance after a very successful parent dance run by the Junior Class in 2014. This event will be a fundraiser to lower the price of our prom ticket. Please plan to join us! Have a great night out and sponsor our Class at the same time! Parents may buy tickets at the door, but we are hoping that many can RSVP in advance to help us with our planning. Please click on this link <https://goo.gl/forms/t07NqdsSTfop0SZl3> to RSVP.

Prom tickets will go on sale during the week of March 18 and be sold for two weeks. Students must purchase their tickets by March 29. As I have mentioned before, the venue will require us to have all payments in by the beginning of April. As a result, we do not have a lot of flexibility. I want to remind families that they should encourage their students to think about their prom arrangements early. We want to have as many students attend the prom as possible. If the ticket price presents a hardship for any students, they or their parents should speak to Mr. Krasnoo.

A dedicated group of parents have been working hard to provide exciting pre-prom and post prom experiences for our students. Parents who would like to assist with these programs or provide support should contact Mrs. Lana Murphy.

As always, please do not hesitate to contact me with any questions or concerns.

I hope to see you at Sandy Burr on March 30!

Lee Krasnoo, Class Advisor

lee_krasnoo@wayland.k12.ma.us

Class News ...CONTINUED

Class of
2020

Wayland High School Pre-Prom & Late Night 2019

Help support a safe, fun night for our students!



Donate at www.latenightwhs.com/donate

Volunteer at www.latenightwhs.com/volunteers

Contact us at latenightwhs@gmail.com

Follow us at www.facebook.com/LateNightWHS

Late Night 2019 on May 18 is 100% funded by our Wayland parents and the local business community. **Fewer than 25% of junior families have contributed so far. We need more families to donate to make Late Night happen.** We keep this after-prom party FREE for the kids to make their attendance as easy as possible. All Juniors and their guests are encouraged to participate in this event, whether they attend the prom or not, so we need your financial support. Donations are needed to plan and secure the entertainment, food and activities that will ensure a fun and successful event. The cost to cover all of the event expenses is estimated to be **\$85 per person**. Tax-deductible donations can be made payable to the Wayland PTO and mailed to: LATE NIGHT 2019, c/o Elizabeth Shine, 29 Training Field Road, Wayland, MA 01778. Please provide your name, phone number, and email. Or you can go online and donations can be made at www.waylandpto.org/high-school-pto/late-night/.

Also, please consider helping with one of the many tasks involved in preparing for and running Pre-Prom and Late Night. In addition to junior parent volunteers, it is a time-honored tradition that sophomore parents run Pre-Prom and chaperone Late Night so junior parents can enjoy this special day with their child. Sophomore parents volunteer regardless if their sophomore sons/daughters are or are not attending the Prom/Late Night. Please consider volunteering for a task on www.latenightwhs.com/volunteers.

Join us at a Late Night Planning Meeting - WHS Lecture Hall at 7:00 PM on 3/28, 4/11, 4/25, 5/2, and 5/9. Learn more about Late Night on www.LateNightWHS.com or feel free to contact Lana Murphy & Sandy O'Driscoll at LateNightWHS@gmail.com if you have any questions or would like to learn more. Follow us on Facebook at www.facebook.com/LateNightWHS.

Thank you for helping us keep our kids safe on prom night by making this the ONLY party in town!

Class News ...CONTINUED

**Class of
2021**

Advisors:

Mrs. Mary Barber, Mrs. Jessica Imbornone & Dr. Heidi Friedlander

Class of 2021

Although it may seem far away, the Eboard has been busy planning next year's **Prom!** We are closer to finalizing the venue and will share more information about that soon. We can say that the event is tentatively scheduled for May 16, 2020. Mark your calendars! More details to follow.

Fundraising efforts are still underway. We closed out the BoonSupply fundraiser and made over \$750. We are still selling "01778" **phone wallets**. Limited supply still available. Contact an Eboard member if you'd like to purchase one for \$5.

Lastly, keep an eye out for another class clothing event. Class **sweatpants** will be sold soon. Designs and pricing are being finalized. They will be on sale soon. Buy some sweatpants and support your class!

**Class of
2022**

Advisors: Scott Parseghian and Jennifer Reed

Hello Class of 2022 Parents/Guardians!

The class is involved in many activities! Currently, the class sweatshirt can be purchased through this link: <https://www.customink.com/fundraising/class-of-2022-aparrel>

Please email us with any questions at Jennifer_Reed@wayland.k12.ma.us and Scott_Parseghian@wayland.k12.ma.us.

Thank You

Department and Faculty News

Guidance Department



Marybeth Sacramone, Department Head
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WHSPO Guidance News
March 2019

Visit us at our [Guidance Website](#)

Follow us on Twitter [@WaylandGuidance](#)

GREETINGS FROM THE GUIDANCE DEPARTMENT! ONCE AGAIN, THINGS ARE HOPPING IN THE GUIDANCE OFFICE! COUNSELORS JUST COMPLETED SENDING OVER OF 2,100 TRANSCRIPTS/ MID-YEAR REPORTS TO COLLEGES FOR OUR SENIORS. JUNIORS ARE GETTING STARTED WITH THEIR OWN FUTURE PLANNING PROCESS, SOPHOMORES WILL BE STARTING THEIR SOPHOMORE SEMINARS ON MARCH 12, AND JUNIORS, SOPHOMORES AND NINTH GRADERS WILL SOON BE STREAMING THROUGH OUR OFFICES TALKING ABOUT COURSE SELECTION FOR NEXT YEAR AND PLANS FOR THE SUMMER. WE HOPE THAT THE FOLLOWING INFORMATION AND REMINDERS ARE HELPFUL TO YOU.

AS ALWAYS, PLEASE DO NOT HESITATE TO CALL YOUR SON/DAUGHTER'S GUIDANCE COUNSELOR IF YOU HAVE ANY QUESTIONS OR CONCERNS REGARDING ANY OF THE INFORMATION INCLUDED IN THIS NEWSLETTER. HAVE A WONDERFUL MONTH—THINK SUNSHINE, WARMTH AND SPRING!

SEVENTH ANNUAL 3-W FINE ARTS NIGHT AT WESTON HIGH SCHOOL

On March 28 at 7:00PM Wayland, Weston and Wellesley High Schools will be joining efforts again to offer a unique program for students interested in majoring in a field with fine arts. There will be a panel of speakers to talk about the college application process as it relates to such majors as music and dance performance, visual arts, and music and art education. Topics to be discussed will be visual arts portfolios, auditioning for music majors, schools in the area and around the country that are known for certain majors and programs, and there will be a panel discussion and Q&A to hear advice from education experts in the field of fine arts. Please join us!

EVENING PROGRAM FOR PARENTS OF JUNIORS (SOPHOMORE PARENTS WELCOME TOO):

Mark your calendars for the evening of **March 21, 2019, 7:00 PM in the lecture hall**. Our department is consistently looking to stay on top of trends and improve our programming, and as a result, we will be offering an additional evening program this year to support our students and families through the future planning process instead of waiting until the early fall of senior year. This is also in direct response to the increase in the number of our students who are applying to schools through early plans, (early decision, early action, rolling, etc.), and we want them and you to be well prepared with the information you both need. We are calling this program Future Planning

Guidance Dept.

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Night Part 2. Part 1 was in January when we brought in a panel of admission representatives to speak about the college admissions process as a whole. For our "Part 2" program, we hope to get much more specific with helping our families understand how we work with our juniors and what we cover with them through our Junior Seminars and individual meetings. This evening will include mini-demonstrations of programs our students utilize throughout the future planning process, such as Naviance Student, Big Future, and Common App. Additional topics will include admissions testing (SAT and ACT), as well as discussions around building a college list, early applications, deadlines and keeping the process healthy. We hope you will join us for this very informative night.

FORMAT FOR SENIOR PARENT PROGRAM IN THE FALL OF 2019

As noted above, more and more of our students begin their future planning process earlier now, so we have adapted our future planning programming. Our two evening programs (in January and March) will cover the bulk of information you and your students need to know to begin the future planning process. Then in the fall, instead of one large evening meeting for parents of seniors, we will be offering morning (and a few evenings) Q&A sessions for parents who want/need more information and support on the process. These sessions will be co-led by two counselors, and our hope is to offer one per week between September and November. As always, if you have questions about any of this process, please call your son/daughter's guidance counselor.

SENIORS AND JUNIORS:

- Seniors: Please be sure to pay your transcript fees. Your first request was free, and each request after that is \$5.00. You can check in Naviance Student to determine how much you owe by clicking on the Colleges tab, then click on the Colleges I am Applying to, click on Manage Transcripts, scroll to the bottom to see how much you owe. Please see Mrs. Fratto or your Guidance Counselor with questions or to make your payment.
- 2019 AP testing will take place at WHS for two weeks in May.
 - ◆ Testing begins Monday, May 6 and finishes Friday, May 17.
 - ◆ Registration was already completed online. **Final payments are due Friday, April 26.**
 - ◆ The 2019 Booklets for Students and Parents are available in the high school's library media center or online [here](#).
 - ◆ More information can be found on the [WHS Testing Site](#).
 - ◆ If you have any questions, please email Joanne Schmidt at joanne_schmidt@wayland.k12.ma.us
- Senior Boys: The United States Selective Service System wants us to remind parents and seniors that young men ages 18–24 can register on line at www.sss.gov.

Guidance Dept.

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- Visiting New England Public colleges this spring/summer? If so, take note of this cost savings program. The New England Regional Tuition Break Program allows students from Massachusetts to attend other New England colleges for state tuition rates for certain majors that are not offered at any of our public colleges or universities in Massachusetts. So, if your senior is interested in a unique major, check out the resources at the following links:
 - ◆ The [2019 Tuition Break Information for MA Residents](#) - lists the bachelor's degree programs offered by public colleges and universities in the five other New England states.
 - ◆ The [2019 Tuition Break Listing for MA Residents](#) - lists approved associate and bachelor's programs by area of study and by institution, as well as campus contact information.

- Wayland Scholarship Reminders:
 - ◆ The Wayland Scholarship applications are available in Guidance and on the high school and guidance website.
 - ◆ To be eligible for the Wayland Scholarships, you must submit a FAFSA.
 - ◆ Once the FAFSA is filed, you will receive a "Student Aid Report" (SAR) via email that will include your "Estimated Family Contribution" (the EFC). This information is required to complete your Wayland Scholarship application.
 - ◆ The deadline to apply for the Wayland Scholarship will be March 29, and applications cannot be accepted or processed without the EFC or if you miss the March 29 deadline.
 - ◆ For more detailed information on the Wayland Scholarship Committee process and applications, please visit the [Wayland High Scholarship link](#).

- State college and university scholarships to be aware of:
 - ◆ Please visit the guidance website and click on the link named Koplik and Adams Award Programs in order to review the eligibility guidelines for each scholarship.
 - ◆ If you are a senior and have questions about your eligibility and/or application process for these awards, please call or email our Koplik/Adams coordinator, Ben Buffa at 508-358-3706.
 - ◆ Mr. Buffa will be sending applications on April 15, so please provide him with the appropriate information before that time.

- Private scholarship notices are also posted to Naviance and on file in the Guidance office.

- Two other great resources for scholarships include [Fastweb.com](#) and [mefacounselors.org](#) for a wealth of information on the financial aid process.

- Juniors are finishing up in their Junior Seminars and Junior Packets were discussed at those meetings. Students are to hand in their junior packets to their counselor by the end of March at the latest. These packets help us to write our students' recommendations, as

Guidance Dept.

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well as recognize students for awards. The junior packet also benefits students by helping them to begin thinking about essay ideas. Please remind your junior to complete their junior packet as soon as they can.

- College Fair Announcement: March 16: Sudbury Educational Resource Fund (SERF) College and Gap Year Fair, Lincoln-Sudbury Regional High School from 12:15-3:00 PM, visit [this link](#) for upcoming information
- College Fair Announcement: March 27: TEC College Fair, Westwood High School, 6:30-8:30 PM. For more detailed information visit this [link](#).
- College Fair Announcement: April 4 & 5: National Association of College Admissions Counselors (NACAC) College Fair, Boston Convention and Exhibition Center. For details on times and schools attending, [click here](#).
- Free SAT and ACT tutoring online is available to juniors through their Naviance Student account. Its name is Method Test Prep. Sophomores will receive access in mid-March when sophomore seminars begin.
- The 10th annual Career Colloquium is coming on June 5, 2019. Juniors will be discussing their career interests in seminars this month and will make their selections there.

NINTH AND TENTH GRADERS:

- Ninth graders completed their seminar sessions in January. We are asking that students now schedule appointments with their individual Guidance Counselor to get to know each other better.
- Sophomore Seminars will begin second semester on March 12 (G day) and run for three cycles through April 12 (F-day).
- Ninth and tenth graders are encouraged to check in with their Guidance Counselor to begin to discuss their course selection plans for next year.
- Free SAT and ACT tutoring online is available to sophomores through their Naviance Student account. Its name is Method Test Prep. Sophomores will receive access when sophomore seminars begin. Accessing SAT and ACT Method Test Prep online allows students to do test preparation activities at their convenience. These activities include:
 - ◆ Listening to audio explanations of test questions
 - ◆ Accessing strategy guides for each test
 - ◆ Completing full-length practice tests
 - ◆ Receiving hundreds of practice questions
 - ◆ Reading easy explanations for every question
 - ◆ Tracking strengths on each test
 - ◆ Receiving valuable test-taking tips
 - ◆ Taking practice quizzes to boost knowledge

Guidance Dept.

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- **SBIRT Screens**

As per last month's WHSPO News, all sophomores will be undergoing the SBIRT screening in the middle of April. For more information, please visit this link that briefly explains the screening, and/or call your son/daughter's Guidance Counselor.

- **MCAS Dates for 9th and 10th graders:**

- ◆ March 26-27, ELA for 10th graders
- ◆ May 21-22, Math for 10th graders
- ◆ June 4-5, Biology for 9th graders
- ◆ Some students new to Wayland will also need to complete MCAS during these times

- **The Education Cooperative – A Wonderful Resource**

The Education Cooperative (TEC) offers lots of great resources and programs for our students. TEC offers online courses, college fairs, summer programs and internship programs. For more information, please attend one of their open houses, or visit their website at TEC-COOP.ORG. All open houses will be at the Morse's Public Library in Natick from 7PM to 8PM. Please attend one and learn more.

- ◆ Academic Year Internships Through the Education Cooperative (TEC): An internship is a valuable experience where a student can apply their academic knowledge, develop marketable skills and enhance their resume for college and beyond. TEC is currently accepting applications for the 2018-19 academic year internships. We invite students in grades 11 and 12 to learn more about internships currently offered for after school or perhaps during the school day. Visit the [TEC INTERNSHIPS](http://TEC-INTERNSHIPS) website www.tec-coop.org to download the application and review frequently asked questions about the program and placement process.
- ◆ TEC Online Academy and TEC Connections Academy: Registration for the spring online courses is now closed, but if you are interested in taking a class for the fall, please ask your son/daughter to see their Guidance Counselor to register. Visit the [TEC ONLINE LEARNING LINK](#) to learn more.

COURSE SELECTION INFORMATION FOR ALL PARENTS:

- The course recommendation/selection process at the high school is underway.
- In preparation for reviewing your student's course selection recommendations, students and parents can review the course descriptions in our Program of Studies online. A revised Program of Studies is now available on the high school's website soon.
- Please confer with your son/daughter to discuss course selections. You will be able to review your child's teacher recommendations (and to add electives) in the Home Access Center portal on March 15 through March 25.
- Students are also strongly encouraged to schedule time with their Guidance Counselor to review course selections for next year.

Guidance Dept.

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- If you, as a parent/guardian, have any questions or concerns about your son/daughter's program for next year, or the course selection process, please contact your child's Guidance Counselor. It is very important that students, teachers, parents and counselors coordinate their efforts to insure the most suitable program for every student.
- If there is disagreement with the teacher recommendation and what the student/family would like to pursue, please visit this [Override Guidelines](#) link that explains the override procedure and eligibility guidelines.

Guidance Department Dates to Remember

March 12: Sophomore Seminars begin

March 16: SERF College and Gap Year Fair at Lincoln-Sudbury RHS, 12:15-3:00 PM

March 21: Future Planning Night Part 2, 6:30 PM in the Lecture Hall

March 27: TEC Fair at Westwood High, 6:30-8:30 PM

March 28: 3-W Fine Arts College Night @ Weston High

March 29: WHS Scholarship Deadline

April 4 and April 5: Boston National College Fair, Boston Convention & Exhibition Center

<https://www.nacafairs.org/attend/national-college-fairs/boston/>

April 8 – April 12: SBIRT Days

May 3: Deadline for students to write their appeal letter to override a teacher's course recommendation

May 6 – May 17: AP Testing

May 24: Final day to complete course override meetings

June 5: Career Colloquium

PIE MEETINGS:

~~**Thursday, March 7, 2019, 7:00 PM— Special Guest Jason Verhooskey to discuss the issue of Vaping cancelled, To Be Rescheduled at a later date TBD~~

Friday, April 5, 2019, 7:45 AM

Friday, May 3, 2019, 7:45 AM

Friday, June 7, 2019, 7:45 AM

**denotes an evening meeting time

Upcoming SAT/ACT Registration Deadlines**:

March 8 is the deadline for the April 13 ACT

April 5 is the deadline for the May 4 SAT

May 3 is the deadline for the June 1 SAT

May 3 is the deadline for the June 8 ACT

**Please visit collegeboard.org or actstudent.org for more details and to register for upcoming tests.

Thinking About Course Selection with a Balance in Mind and Summer Programs

Course Selection:

- The Balance of Course Selection and a Healthy Life:

The Guidance Department is continuously looking for ways to deliver the important message of students finding that important balance between challenging themselves academically and also making sure they have a healthy lifestyle too. For example, if you are someone who wants to take all honors courses because you really want to challenge yourself, will that decision cause you so much stress and anxiety that you are not able to balance the other important things in your life, like extracurricular activities, friends, family and quite simply, some down time for yourself? As you move through high school, academic demands increase, so it is important to take stock each year and plan carefully. Because Wayland is such a demanding academic environment, students at WHS report high levels of stress due to many different factors. As a means to help you (both students and parents) to think carefully about the course selection process, we have developed some discussion questions to assist you in thinking about your choices and balancing your overall schedule and life.

- On a scale of 1-10 (one being least and 10 being the most), how would you rate your level of stress on an average day?
- What are some of the things that cause you stress?
- What are some of the ways you relieve stress?
- Are there courses at school that cause you stress?
- Are there courses at school that help relieve your stress?
- What are your responsibilities outside of school (sports, arts, community service, employment, clubs, helping in the household, etc.)?
- How much time do you spend each day on these activities?
- How much time do you spend on homework each night?
- How much time do you spend each day doing something you find enjoyable?
- Are the classes you are taking helping you meet your goals and learn about your interests for the future?
- What time do you want to be going to sleep? What time are you going to sleep?

The purpose of this discussion exercise is to promote thoughtfulness when considering creating a balanced schedule for next year, both inside the classroom and outside of school. We hope you will have these important discussions at home. And, as always, we ask all of our students to stop by or schedule a time with us to discuss their classes, and parents are welcome to call their student's Guidance Counselor with questions and concerns as well.

Summer Programs:

Summer is special. It can't come soon enough and it always ends too quickly. Summer is everything that school is not. Where school days often seem to drag on, during the summer whole months skip by before we know it. Some students need a total break and do not want to commit to anything, and that is perfectly fine! Other students want to do a summer program or something very different from school. The learning that takes place in summer is always of a different sort than the kind you find in school. Summers fill your head with dreams. Summer is about filling your time the way you choose. It is about discovering your own interests, at your own pace, and in your own way. Interested in doing something new, different and meaningful with your summer? Sophomores, Juniors and Seniors can access a list of summer enrichment programs through their Naviance Family Connection accounts by clicking on the Colleges tab, then scrolling down to the Enrichment Program link. In addition, here are some resources and programs to check out that we have had good feedback about in the past. Some programs fill quickly, so it's always good to think about such programs now.

Teen Life Boston – a great resource to search for summer programs, internships and jobs

<http://www.teenlife.com/?page=SummerPrograms>

Summer Discovery – pre-college enrichment programs and business institutes

<http://www.summerdiscovery.com/>

Global Works – Community service, cultural exchanges, adventure travel and language immersion programs

<http://www.globalworkstravel.com/>

Education Unlimited – interactive learning adventures (artistic and academic summer camps)

<http://www.educationunlimited.com/>

National Outdoor Leadership School – wilderness education programs

<http://www.nols.edu>

Outward Bound – outdoor education programs

<http://www.outwardbound.org>

The Experiment in International Living – theme based summer abroad

programs (arts and social change, sustainability and the environment, peace, politics and human rights, language and cultural discovery or leadership) <http://www.experiment.org/>

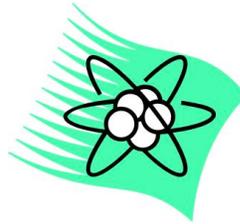
Department and Faculty News

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Science Department

Ken Rideout, Department Head

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SCIENCE DEPT:

Calling all recent WHS grads: Are you currently majoring in science or engineering? Did you recently graduate with a science or engineering degree?

The WHS science department would love to reach out and hear about your university experiences as part of its continual program review. Please forward this to any neighbors/friends that might fit these criteria as well.

Point of contact: Kenneth_rideout@wayland.k12.ma.us

Community News



Serve.

Learn.

Change.



2019 Annual High School Community Service Awards

Honor HS students who do 50 hours or
more of Community Service.

You can nominate a friend, a student, your
child, or yourself! This includes all WHS
students, and Wayland residents who attend
independent high schools.

Information packets and application forms are available in the
High School Guidance Office or online at:

www.waylandenews.com

www.wayland.ma.us/wayland-youth-family-services/pages/community-service

Deadline for all submissions: **MAY 1, 2019**

Please join us at:

The HS Community Service Awards Ceremony

Thursday, June 6, 2019 7:00 pm

Wayland Media Center

*Sponsored by Wayland High School and
Wayland Youth and Family Services*

Questions: Dossie Kahn, WYFS, 508-358-4293 dkahn@wayland.ma.us

Community News

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HIGH SCHOOL COMMUNITY SERVICE AWARDS NIGHT

Thursday, June 6, 2019 7:00 P.M.

WAYLAND HIGH SCHOOL MEDIA CENTER

Sponsored by Wayland High School and Wayland Youth and Family Services

Criteria and Application for Unsung Heroes Award

ELIGIBILITY FOR COMMUNITY SERVICE AWARDS:

1. Eligible students include high school students who live in Wayland and attend Wayland High School, high school students who live in Wayland and attend independent schools, and high school students who do not reside in Wayland but attend Wayland schools including Wayland METCO students.
2. **Students must have completed 50 or more hours of community service** between April 1, 2018 and April 1, 2019.
3. Eligible service hours are hours spent in unpaid direct service. In instances where service requires travel outside of the Wayland area, credit cannot be given for hours spent traveling, sleeping, sightseeing, etc.
4. Service can be carried out independently or take place through school, community, scouting, religious, or other organizations as long as it involves service to the broader community.
5. Students may nominate themselves or be nominated by someone else.

QUALIFYING SERVICE HOURS DO NOT INVOLVE:

1. Lobbying or partisan political activities (e.g. campaigning or fundraising for a candidate; volunteering in an elected official's office by serving constituents may qualify)
2. Religious proselytizing
3. Efforts that are directed to serve only one's own family or a family member
4. Working in a private office or a for-profit business
5. In any questionable cases, the decision as to whether the hours are eligible will be made by the Award Selection Committee.

TO COMPLETE THE NOMINATION FORM:

- Fill out the nomination form in full. **Please include your email address.**
- The nomination must include a completed Award Service Record form filled out by the student and signed by one or more adults **not related to the student** who can certify that the student has engaged in the activities listed for the number of hours documented.
- Please send high resolution photos to dkahn@wayland.ma.us. Pictures of your community service activities and/or a self-portrait are great. We will use these in the CSA slideshow. Please sign below to give permission to have this slideshow shared on the WYFS/WaylandCares website.

I give my permission to have my photos shared on the WYFS/WaylandCares website.

Signature: _____

Nominations and photos are due MAY 1, 2019. Mail nominations to Wayland Youth & Family Services, 41 Cochituate Rd., Wayland 01778, or drop them off to us in the WYFS office in the Town Building or at the WHS Guidance Department. Please call Dossie Kahn at 508-358-4293 or email dkahn@wayland.ma.us with any questions.

Community News

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NOMINATION FOR HIGH SCHOOL UNSUNG HEROES AWARD

The *Unsung Heroes Award* is given to recognize students who have completed 50 or more hours of community service during the time period from April 1, 2018 to April 1, 2019.

Nominee's name: _____

Nominee's phone number: _____

Nominee's address _____

Nominee's email _____

Your name: _____

Your phone number; _____

Your address _____

Your relationship to the nominee: _____

Your email address _____

Please attach:

1. Nominee's specific responsibilities in the service activities.

2. Please write a brief statement discussing the significance of this person's service, her/his contribution to the community and why you feel she/he should be honored by receiving the Unsung Heroes Award.

3. Please attach the service record form filled out completely with signatures of adults (**non family members**) who can vouch for the activities and hours.

Community News

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WAYLAND HIGH SCHOOL SCHOLARSHIP COMMITTEE

PO BOX 36, WAYLAND, MASSACHUSETTS 01778

Wayland High School Scholarship Program Information Sheet

The WHS Scholarship Committee is currently comprised of 10 parents from the community plus several Ex-officio's

We oversee a general fund and 40 named scholarship funds; these are managed by
a small group at Fidelity Investments

We solicit donations twice a year (please give generously!)

Last year we awarded \$85,000 to 26 members of the Class of 2018

We hope to be able to do the same or better for the members of the Class of 2019!

Criteria for an award from us includes: financial need, academic effort, extra-curricular activities

In order to apply for a scholarship - please file a FAFSA form and then complete your taxes as early as possible; FAFSA will send you a Student Aid Report (SAR) with an EFC (Estimated Family Contribution) (We will not be able to consider applications with an EFC of greater than \$35,000.00)

When you will complete our application, which is available on-line on the WHS website

Please submit the EFC and the completed application ***no later than March 31, 2019.***

We will contact your student if s/he is eligible and conduct a brief interview.

All awards are for freshman year only and sent directly to the college; we also
support post grad years (prep school), community college, etc and we can
hold the award if a student takes a 'gap' year

All students who attend a Wayland Public School or one funded by WPS are
eligible – that includes students who reside in Boston and attend via
the METCO program.

All are welcome to contact us either by phone or email.

~ Phyllis Kennedy, Chair ~

508-826-5302

mjkpak@aol.com

Community News

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the education
COOPERATIVE

PLAN YOUR COLLEGE CAREER THE RIGHT WAY.

Join 150+ college, universities, gap-year & military programs at our Spring College Fair & learn first-hand what they have to offer!

This is a FREE event.
All are welcome to attend!

WEDNESDAY, MARCH 27, 2019
6:30PM TO 8:30PM

200 NAHATAN ST, WESTWOOD, MA, 02090

TEC's Spring College Fair is an annual event where students & families have the opportunity to meet with reps from more than 100 higher ed organizations from across the US & beyond.

tec-coop.org/student-programs/college-fairs

Join The Education Cooperative
for one of our

SUMMER 2019 INTERNSHIP INFO SESSIONS!

4 WEEKS

60 HOURS

1 AWESOME EXPERIENCE

IT'S NEVER TOO EARLY TO START THINKING SUMMER!



JANUARY 23
FEBRUARY 12
MARCH 5
MARCH 19
APRIL 3
2019

ALL ARE WELCOME TO ATTEND!
7-8PM
MORSE INSTITUTE LIBRARY
NATICK, MA
14 E. CENTRAL ST.

Questions?
Contact Emily Manz at
emanz@tec-coop.org/
781.236.2473 x721 or visit
tec-coop.org

TEC-COOP.ORG/STUDENT-OFFERINGS

the education
COOPERATIVE

Registration for Summer 2019
opens JANUARY 15 - Apply early!

CAREER EXPLORATION & INTERNSHIP PROGRAM

WHAT DOES YOUR FUTURE HOLD?

WHY AN INTERNSHIP?

Internships are the best way for students to explore a career before heading off to college & beyond. They gain beneficial real-world experience and knowledge, clarify an interest, increase confidence and make connections.

PROGRAM BENEFITS

Each student receives one-on-one resume development, interview coaching, internship placement, supervision and evaluation with access to career & college workshops. Internships available in a wide variety of career interests.



WHY THE EDUCATION COOPERATIVE?

The Education Cooperative has provided invaluable internships to nearly 4,000 students in the Greater Boston and MetroWest area for over 15 years. We have developed strong relationships with highly respected businesses, organizations and public sector employers in a diverse array of industries.



APPLY ONLINE AT TEC-COOP.ORG

QUESTIONS? EMANZ@TEC-COOP.ORG