

WMS MIDDLE & MORE COFFEE  
Body Image, Eating Disorders & Adolescent Mental Health  
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**Resources:**

MEDA – Multi-Service Eating Disorder Association – [www.medainc.org](http://www.medainc.org)  
NEDA – National Eating Disorder Association – [www.nationaleatingdisorders.org](http://www.nationaleatingdisorders.org)  
BEDA – Binge Eating Disorder Association – [www.bedaonline.com](http://www.bedaonline.com)  
EDHope – [www.eatingdisorderhope.com](http://www.eatingdisorderhope.com)

**Referrals:**

Human Relations Service (HRS) Wellesley, William James INTERFACE Referral Service

**Resource Catalog:**

Gurze Salucore – [www.edcatalogue.com](http://www.edcatalogue.com)

**Books:**

Ellyn Satter	Your Child's Weight: Helping without Harming Secrets of Feeding a Healthy Family
Lauren Muhlheim	When Your Teen has an Eating Disorder
Carolyn Costin	100 Questions and Answers about Eating Disorders
Harriet Brown	Body of Truth: How Science, History & Culture Drive Our Obsession with Weight
Lisa Damour	Untangled Under Pressure
Rachel Simmons	Enough As She Is The Curse of the Good Girl Odd Girl Out
Michael Thompson & Dan Kindlon	Raising Cain: Protecting the Emotional Life of Boys
Warren Farrell	The Boy Crisis: Why Our Boys Are Struggling and What We Can Do About It